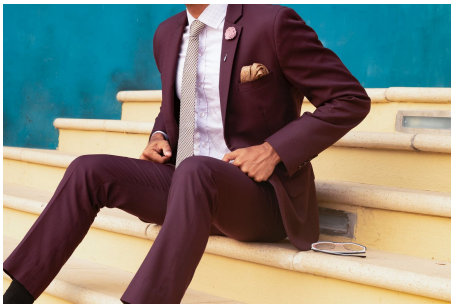
SUITABLY.com.au

# Step-by-step self-measure guide

(Trust us, it's easy)

# Thanks for choosing suitably.com.au!



We're committed to great suits and the perfect fit which is why we make everything to your body. This guide is the first step to getting you there.

We know that this can be daunting for some, which is why this guide has been designed to be as simple as it can be. The small inconvenience now will result in a suit that will fit you flawlessly.

## Worried about stuffing it up? Don't be.

We're serious about making sure that your suit fits like a glove. That's why we do everything we can to make sure that the process is as convenient and accurate as possible.

Suitably uses an in-house advanced augmented reality engine called AMASS (Augmented Measurement And Sizing Solution). AMASS emulates your measurements using photos of your body. We use this in conjunction with our large averages database to double and triple check your measurements digitally. We then have an expert suit agent check over these again manually to make sure it all looks good. If we need further information, we'll send you an email..

## Still not sure? We'll get the professionals in.

If you're unsure about anything, we encourage you to get in touch with us via email on info@suitably.com.au and we'll be able to help you out.

If this still isn't enough, we have over 120 alterations partners throughout Australia. Get in touch and we'll organise a personal fitting appointment free of charge - just for you.

SUITABLY.com.au

# Before you begin:

**You will need:**

- A tape measure
- 15-20 minutes
- A mate to help you out

**You should wear:**

- Well fitting clothes. Dress pants and a well fitting shirt are best. Failing that, a t-shirt and some good pants will do the trick. If all else fails, you're welcome to do this in your undies (ask your mate if he's cool with that before you derobe).
- **Don't** wear jeans. These are typically thicker and sit lower than suit pants which can cause problems.

**You should note:**

- As a general rule, the tape should be held flat against the body. It should be held snug enough so not droop, but never so tight as to feel restrictive.
- All measurements should be rounded up to the nearest centimetre.
- Do not add wiggle room to your measurements.
- If you have questions, be sure to get in touch with us at info@suitably.com.au - we're here to help.

**You can submit your measurements:**

- Via https://www.suitably.com.au/measurements/
- Via info@suitably.com.au
- It helps if you send us three full length photos of yourself. One from the front, one from the side, and one from the back. This is optional but it does help.

SUITABLY.com.au

## Personal Details (1/3)

Give us a little bit of information about yourself.

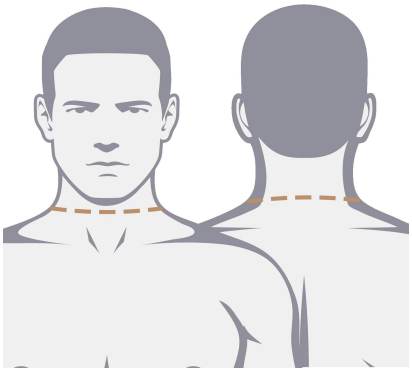
| | |
|---|---|
| **Height:** | **Weight:** |
| **Pants Size (optional):** | **Suit Jacket Size (optional):** |
| **Please describe any problems you usually have with non-tailored clothing, if any:** | |

## Body Measurements (2/3)

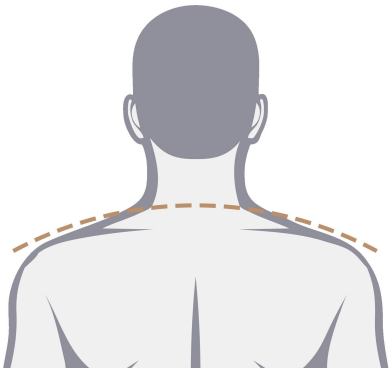
## Please use centimeters where possible.

The main measurements. You can enter these on the summary sheet on the last page.

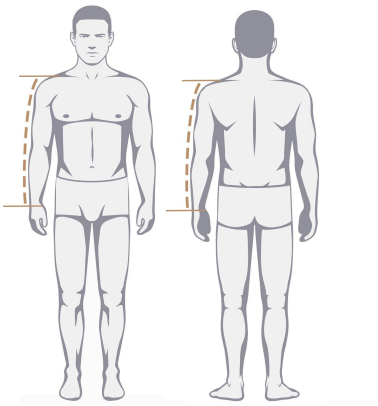
**Neck:**
Place the tape around the neck and around the middle of Adam's apple. Leave a forefinger's worth of space within the tape.



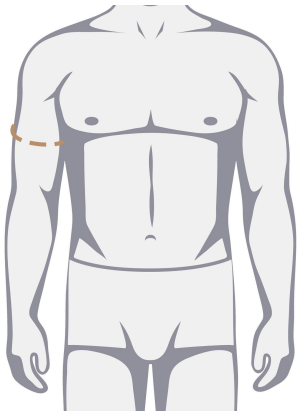
**Shoulder Width:**
Put tape along the shoulder arc, measure the shoulder arc from the left shoulder point to the right shoulder point. The "shoulder point" is the place where shoulder seam and armhole seam meet on a well-fitting shirt. Remember, the shoulder arc is not a straight line.



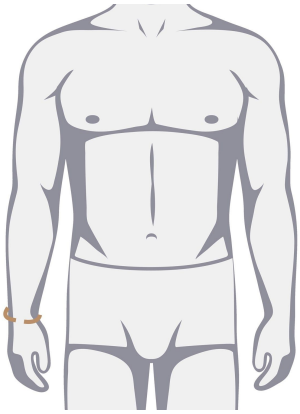
**Sleeve Length:**
Place the tape on the shoulder point (where the shoulder seam and armhole seam meet on a well-fitting shirt). Measure in a straight line from the shoulder point to a centimeter past your wrist bone (where your wrist meets your hand).



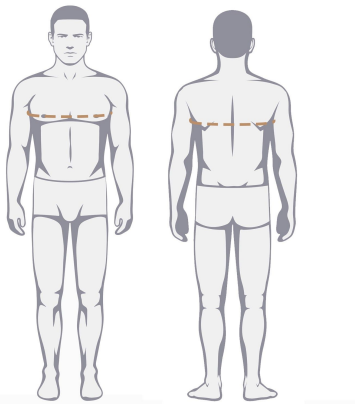
**Bicep circumference:**
Put the tape under armpit, measure the circumference of the fullest part of your bicep.



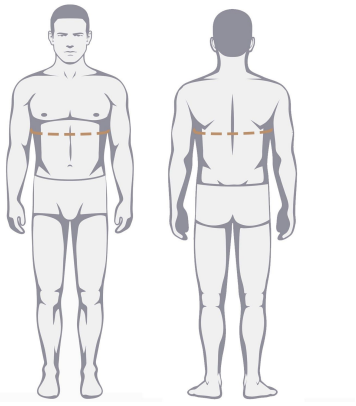
**Wrist circumference:**
Measure around the wrist. This one is pretty simple. If we're being honest, what your reading right now is just filler. Go get that measurement!



**Bust Circumference:**
Relax your body and maintain a natural stance. Measure around the fullest part of your chest. Make sure your arms are down and ensure that you can feel the tape around your entire body.

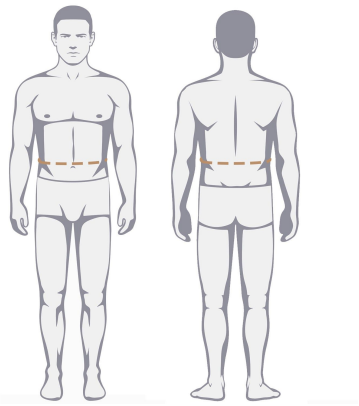


**Jacket Waist:**
Relax your body and maintain a natural stance. Measure at the bottom of the ribcage, or, if you're carrying a little bit of love around the middle, measure at just before your belly starts. Make sure your arms are down and ensure that you can feel the tape around your entire body.

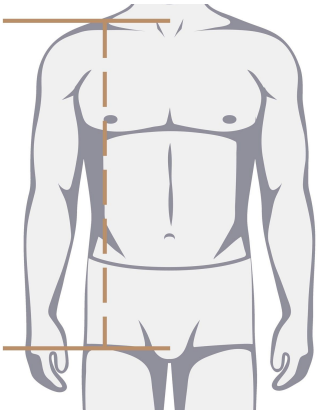


SUITABLY.com.au

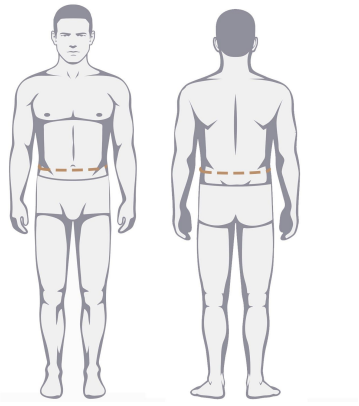
**Belly Circumference:**
Relax your body and maintain a natural stance. Measure across the widest part of your belly. This is usually around the belly button. Make sure your arms are down and ensure that you can feel the tape around your entire body.



**Jacket Length:**
Measure straight down from the base of the neck (the point where the shoulder and neck meet) and run the tape straight down until it's in line with just before where the thumb and forefinger meet.

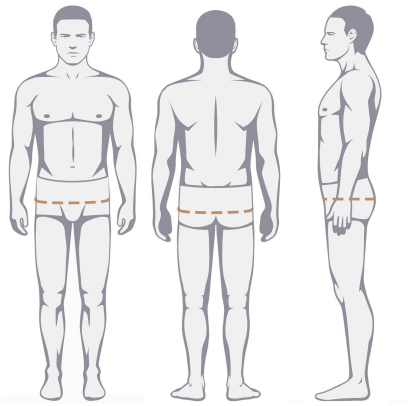


**Waist Circumference:**
Relax your body and maintain a natural stance. Measure around where you usually wear your belt, measure around the thinnest part of your waist. Ensure that you are not wearing a belt when you take this measurement. Ensure that you are not wearing jeans as these are worn lower and are thicker than suit pants.

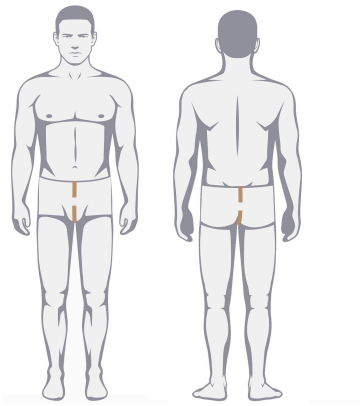


SUITABLY.com.au

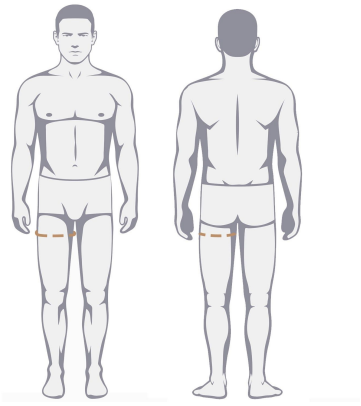
**Hip Circumference:**
Measure around the fullest part of your hips and bum. Ensure that you can feel the tape around your entire body.



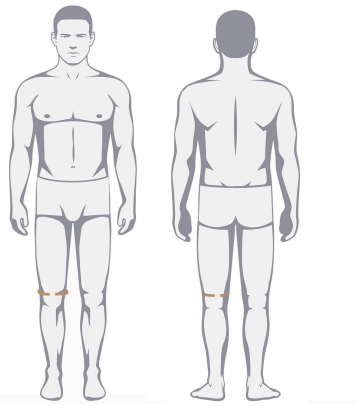
**Trouser Rise:**
Place the tape at the top of the waistband in the middle of your pants. Run the tape through your legs and through to the top of the waistband at the back of your pants. Ensure that you can feel the tape the whole way around but make sure that it's not too tight.



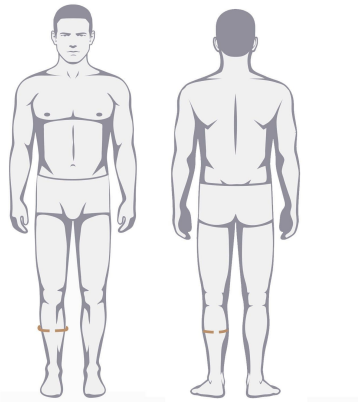
**Thigh Circumference:**
Place the tape just under the crotch and measure around the widest part of your thigh.



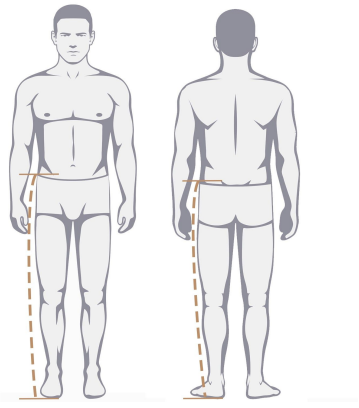
**Knee Circumference:**
Measure around the leg about 5 cms above the knee.



**Calf Circumference:**
Measure around the widest part of the calf.



**Trouser Length:**
Without shoes, measure vertically along the outseam from the top of your pant's waistband to the floor. **Make sure that you are not wearing shoes**.



# Selfies (Optional - 3/3)

Whilst this is an optional step, we highly recommend that you provide us with these images.

If you don't send us photos, don't fret! We can work without them and we will still get in touch if something doesn't seem right.

You can submit your images by the following methods

- Email : Attach your images and send them to info@suitably.com.au using your order number in the subject line.

- Online: Send your photos when you send you measurements at - https://www.suitably.com.au/submission/

SUITABLY.com.au

# Information Summary

(This form is for use if you plan to email us a scanned copy of your information)

| | | |
|---|---|---|
| **Name:** | **Order ID:** | **Height:** |
| **Weight:** | **Pants Size (optional):** | **Suit Jacket Size (optional):** |
| **Please describe any problems you usually have with non-tailored clothing, if any:** | | |

| | |
|---|---|
| **Neck** | |
| **Shoulder Width** | |
| **Sleeve Length** | |
| **Bicep** | |
| **Wrist** | |
| **Bust** | |
| **Jacket Waist** | |
| **Belly Circumference** | |
| **Jacket Length** | |
| **Waist Circumference** | |
| **Hip Circumference** | |
| **Trouser Rise** | |
| **Thigh Circumference** | |
| **Knee Size** | |
| **Calf Circumference** | |
| **Trouser Length** | |
| **Body Form** | |